



Grow and Glow Club

Learn
Connect
Grow
Glow!
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A Supportive and Positive Personality Development Club

Grow and Glow is a supportive and positive personality development program which will provide students with a space to build confidence, communication, teamwork, leadership, and other important life skills through interactive activities, games, discussions, and group activities.



Club Dates:
**Sept 28 –
Nov 16, 2026**



Meeting:
Mondays

For
Grades:
6–8



Time :
**3:30 PM to
4:30 PM**



Learning Outcomes

By the end of the club, students will be able to:

- ★ Communicate more confidently.
- ★ Express their ideas clearly.
- ★ Work effectively with others.
- ★ Develop leadership and teamwork skills.
- ★ Build self-confidence and positive social skills.



Better
Choices
Brighter
Futures



Suggested 8-Week Activities

- Week 1:**
Get to Know You & Build Confidence
- Week 2:**
Communication Skills & Active Listening
- Week 3:**
Self-Awareness & Mindset
- Week 4:**
Teamwork & Problem Solving
- Week 5:**
Leadership & Taking Initiative
- Week 6:**
Goal Setting & Time Management
- Week 7:**
Emotional Intelligence & Positive Habits
- Week 8:**
Celebrate Growth & Plan Ahead



Proposed Dates



Interest and Registration:
Till September 26, 2026



Student Cost

\$60 per month

The fee may cover activity materials, worksheets, supplies, and a certificate of participation.

Learn • Connect • Grow • Glow!